## AUTHENTIC PRAYER: DECLARING

Psalm 119 — August 30, 2009

## Introduction

We are in a battle in which eternity is at stake.

Jesus has given us prayer as a way to advance His kingdom.

But to be effective prayer must be heart-felt.

So what can we do to make our prayer more heartfelt?

We can declare to God truth about God and about ourselves, as the psalmist does in Psa 119.

Your hands have made me and fashioned me; give me understanding that I may learn your commandments (v.73)

Great is your mercy, O Lord; give me life according to your rules. (v.156)

<u>I am yours; save me,</u> <u>for I have sought your precepts</u>. (v.93)

You are my hiding place and shield; I hope in your word. (v.114)

## Two suggestions

Pray Psalm 119 and other psalms.

Give time and thought to what you pray.

