# How to Renew Your Strength Isaiah 40

## What was Israel feeling?

They were in need of comfort (v.1).

They were feeling forgotten by God (v.27).

They were feeling faint and weak (v.29).

#### What does God call them to do?

He calls them to wait on the Lord (v.31).

Not passively waiting for God to do something. Not seeking with eager expectation something other than God. But seeking with eager expectation God Himself.

God promises that whenever we will seek Him with eager expectation, He will renew our strength.

#### How do we wait on the Lord?

Understand that your iniquity is pardoned as a gift from the Lord's hand (vv.1-2).

Prepare your heart by turning from trusting anything else (vv.3-8).

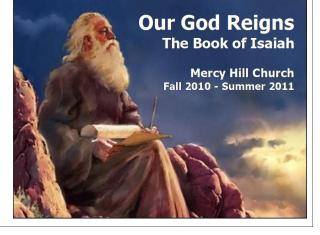
Set your heart on God Himself (vv.9-31)

#### Let's do this right now:

See that through trusting Jesus Christ your sin is pardoned as a gift from the Lord's hand.

Prepare your heart by turning from all else.

Set your heart on God Himself.



### HOME GROUP DISCUSSION OF SUNDAY'S TEACHING

(Sometimes in our home groups we talk about Sunday's teaching, so we can work together on responding to God's Word — asking questions, sharing insights, talking together.)

What was the Holy Spirit saying to you Sunday through this passage?

What questions, ideas, objections, encouragements did you come away with?

Besides waiting on the Lord, what do you do when you find that you are feeling weak?

How did Sunday's teaching change your understanding of "waiting on the Lord"?

Have you ever despaired that there was any way for you to get over the canyon of God's justice to receive God's strength?

Have you ever tried to get over the bridge of God's mercy thinking that you had some goodness of self-righteousness to recommend you to God?

Do you agree that you must turn from everything else if you are going to be strengthened by God? Why or why not?

Have you ever waited upon the Lord, but have not felt Him renewing your strength? Do you have any idea what the problem was?

What's your take-away from this message? What are you going to do differently? When? How?

Share prayer requests that come up in the discussion, jot them down below, and pray for each other.

