

## **How to Overcome Discouragement Isaiah 60**

### **What is God calling Israel to do? (60:1)**

To arise emotionally and shine with joy in God — even though she is discouraged during her exile.

### **How can Israel arise and shine when she is discouraged? (60:1)**

“For” = “Because”

Israel can arise and shine by setting her heart on God’s promises.

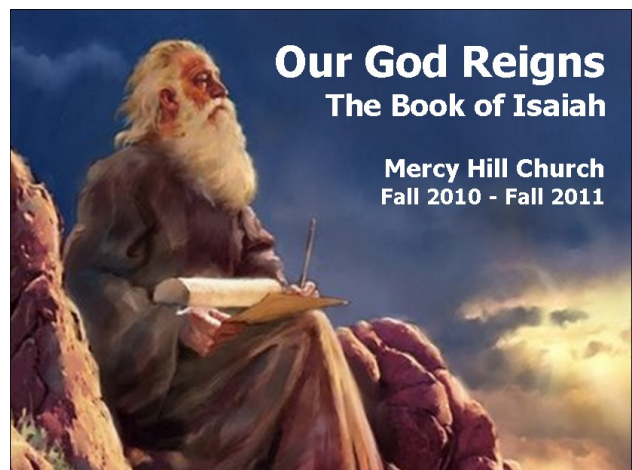
### **What does God promise to do for His people?**

God will invade the world’s darkness by the light of His glory — in the coming of Christ (60:1-2)

God will fulfill His promise to have Israel bring salvation to the whole world (60:3)

Every loss will be overwhelmingly restored to you in God Himself (60:4-14)

Forever you will enjoy God as your light and glory  
(60:15-22)



## **HOME GROUP DISCUSSION OF SUNDAY'S TEACHING**

*(Sometimes in our home groups we talk about Sunday's teaching, so we can work together on responding to God's Word — asking questions, sharing insights, talking together.)*

What was the Holy Spirit saying to you Sunday through this passage?

What questions, ideas, objections, encouragements did you come away with?

In the past how have you tried to get free from discouragement? How well did that work?

Is it really possible for discouraged people to rise emotionally and shine with joy in God by setting their hearts on God's promises? Why or why not?

Which of the four promises is most encouraging you? Why?

Which of the four promises is most puzzling to you? Why?

What's your take-away from this message? What are you going to do differently? When? How?

Share prayer requests that come up in the discussion, jot them down below, and pray for each other.

