

Grace-Based Marriage: Sex

June 7, 2009 I Corinthians 7:1-7

Introduction

One of the biggest problems in marriage is sex: expectations, communication, fulfillment. Jesus' grace can transform every area of marriage, including this one. I Corinthians 7 is a powerful passage Jesus can use to bring us His grace.

Sex is a good and holy gift from God for those who are married (vv.1-2)

V.1 is a quote from the Corinthians' letter; it's not Paul's statement.
The Corinthians had the idea that to be truly spiritual and holy you should avoid sex.
Paul strongly disagrees.
Sex avoids sexual temptation (v.2).
Sex is a good gift from God (v.7)
I Timothy 4:10-5
Proverbs 5:18-19
But sex is not essential, since singleness is also a gift from God (v.7)

Husbands and wives should seek to give each other sexual pleasure (vv.3-4)

V.3 — give you spouse his/her conjugal rights
V.4 — let your spouse's needs determine what you do

Sex is a spiritual weapon (v.5)

Sex will thwart Satan's temptations.



HOME GROUP DISCUSSION OF SUNDAY'S TEACHING

This would be a good week to divide into two groups — one men, one women. Be sure to speak of your spouse in an honoring way. There's no need to mention their shortcomings. Focus on your own shortcomings, and encouraging each other with what Jesus' grace can do.

Read I Corinthians 7:1-7.

What was the Holy Spirit saying to you Sunday through this passage?

What questions, ideas, objections, encouragements did you come away with?

Which of the three truths was the most helpful? The most puzzling? The most troubling? Why?

What's your take-away from this passage? What are you going to do differently? When?

Share prayer requests that come up in the discussion, jot them down below, and pray for each other.

