

# **Psalm 119: Nurturing Passion For God**

## **How to Seek Comfort in God**

### **Psalm 119:49-56**

#### **Introduction**

God says those who trust Christ will face trials, and he promises to give us comfort during those trials.

But too often we ignore God's promise of comfort, and seek comfort the same ways everyone in the world seeks comfort — ways that ignore God.

But the reason God calls us to seek comfort in him, is because his comfort is far more satisfying than any other comfort we can find anywhere else.

And in today's passage in Psalm 119, the author tells us how to seek comfort in God.

#### **What situation is the psalmist facing? (vv.50-51)**

He's facing an affliction (v.50), probably caused by insolent people deriding him and making fun of him about his love for God's word, his faith, his devotion to God (v.51).

So just like us, when he faces an affliction, a trial, a difficulty — his heart would have longed for comfort. So —

#### **How does he seek comfort in God? (vv.49-56)**

He asks God to remember his word (v.49).

He seeks comfort in trusting God's promises (v.50).

He does not let the trial cause him to turn from God's law (v.51).

He reflects on how God has been faithful to his rules from ancient times (v.52).

He feels anger at the way God is dishonored (v.53).

He worships while remembering that his life here is temporary (v.54).

He sets his heart on God's name (v.55).

He recognizes how God is helping him be faithful (v.56).



## **OME GROUP DISCUSSION OF SUNDAY'S TEACHING**

*(Sometimes in our home groups we talk about Sunday's teaching, so we can work together on responding to God's Word — asking questions, sharing insights, talking together.)*

Besides seeking God, what are some of the top three ways you seek comfort when going through a tough time?

What keeps you from seeking your comfort in God himself?

What did you think of the Hudson Taylor story of how much God comforted him after his wife's passing?

Which of the eight steps was most helpful to you?

Most encouraging?

Most puzzling?

Most troubling?

Since Sunday — have you have any tough times, and if so, have you sought comfort in God? What happened?

What tough times are you facing right now? Help each other seek comfort in God, by sharing God's promises and praying for each other.

